

### Press release 4 September 2008

#### IRP says Eastbourne must retain maternity services

The IRP, the independent expert on NHS service change, publishes a report today recommending that both Eastbourne District General Hospital and Conquest Hospital in Hastings must retain consultant-led maternity, special care baby and inpatient gynaecology services.

The IRP has reviewed contested proposals to reconfigure maternity and related services in East Sussex. The proposals included a single site for consultant-led maternity services in Hastings. The IRP is advising the Health Secretary to reject the proposals as they would reduce accessibility and choice for the people of East Sussex.

Dr Peter Barrett, Chair of the IRP, said: "The needs of local women and their families were at the heart of this review. Having considered all the evidence available, visited both hospitals and met with a wide range of local people, we concluded that women's access to, and choice of, services would be seriously compromised if the proposals were implemented.

"Consultant-led maternity services must remain at both hospitals and we strongly support the Primary Care Trusts' proposals to improve antenatal and postnatal care, as well as associated outreach services, which should be implemented without delay."

The IRP concluded that the proposals were principally driven by the Primary Care Trusts' (PCTs) attempts to address future medical staffing issues, as perceived at the time of consultation. The strong focus on staffing concerns meant that less consideration was given to the issue of accessibility and choice of services for local people.

Arguments that a single site solution would have compensating improvements in safety and sustainability were also considered by the IRP. The IRP does agree that some changes to the staffing of the units is required to continue to deliver safe, sustainable services, however it does not accept that the single site solution is the only or best option to achieve this. The PCTs should consider alternative staffing models which have not been explored so far, such as using advanced midwifery practitioners to support junior and middle grade staff. It is incumbent on the local NHS to explore the potential of these roles to develop midwifery careers and support doctors' roles locally.

During the review the IRP considered the local geography and transport infrastructure, deciding that the journey from Eastbourne to the Conquest Hospital in Hastings posed a risk of incidents for women, especially during unexpected transfers. The IRP also recognised the potential time consuming and costly journeys to Hastings for both staff and women's families.

The PCTs must continue to work with stakeholders to develop a model of maternity care that provides choice for women and further enhances the safety, sustainability and quality of services. The IRP was impressed by the PCTs' commitment to support home births, which is likely to be further enhanced by the retention of consultant-led maternity units at both sites.

As a matter of urgency the PCTs must develop a comprehensive strategy for maternity services in East Sussex. The South East Coast Strategic Health Authority must ensure there is a sound strategic framework for maternity and related services in the area. The PCTs' plan and timescales to implement the IRP's recommendations must be published within a month.

Dr Barrett continued: "We were extremely impressed with the dedication of staff at both hospitals. It is now time to move forward and for the local NHS and its stakeholders to work together to develop ways of offering local people high quality healthcare. Our recommendations, if implemented, will offer people safe, sustainable and accessible services."

## ENDS

For further information please contact the IRP press office on 020 7025 7530 or email IRPpressoffice@trimediauk.com

# NOTES TO EDITORS

## About the review

- The IRP carried out a review at the request of the Secretary of State for Health, Rt Hon Alan Johnson MP, following a referral to him from the East Sussex Health Overview and Scrutiny Committee
- The IRP's remit was to consider if the existing proposals put forward by East Sussex Downs & Weald PCT and Hastings & Rother PCT would provide safe, sustainable and accessible services for the people of East Sussex
- A three-month review took place between May 2008 and July 2008
- During this time, IRP panel members undertook visits to see the facilities first hand and meet with people from all sides of the debate – from patients and staff, to local NHS representatives and MPs. The IRP also received correspondence from over 100 people.

# About the IRP

- 1. The full name of the IRP is the Independent Reconfiguration Panel
- 2. The IRP was set up in 2003 to provide advice to the Secretary of State for Health on contested proposals for health service change in England
- 3. Under section 244 of the NHS Act 2006 NHS organisations must consult their local authority Overview and Scrutiny Committees on any proposals for substantial changes to local health services. Under section 242 of the NHS Act 2006 NHS organisations must undertake appropriate public engagement. The OSC may refer the proposals to the Secretary of State under regulation 4(7) of the Local Authority (Overview and Scrutiny Committee Health Scrutiny Functions) Regulations 2002
- IRP panel members have wide ranging expertise in clinical healthcare, NHS management, public and patient involvement and handling and delivering successful changes in the NHS
- 5. Further information, including details of all panel members, is available from www.irpanel.org.uk